



## **CLASS WORKBOOK**

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# The biggest room in the world is the room for improvement

Helmut Schmidt



Join Ashlie Alvie as she shares fun and impressive sea inspired designs guaranteed to make a big splash at your next event! Learn as Ashlie utilizes one strokes and simple but effective line work to create cute characters and designs that painters of all levels can achieve.

SUMMERTIME BY THE SEA



Let's get wild about animals in this class! Ashlie will show you her Favorite Animal Masks to use at your next event! Her Beautiful Peacock and Fun Wolf will leave you feeling creative and ready to paint! New to face painting? This class is great for all levels! Get your favorite supplies ready and let's get started!

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### 2 THINGS I LEARNED FROM THIS CLASS:

#### **DESIGNS I WANT TO RE WATCH:**

#### SOMETHING THAT INSPIRED ME:



## Fun Mermaid











Be authentic: When I first began face painting, I started out much the same as everyone else. Yep, I plagiarized the heck out of my favorite artists and instructors. And, guess what? That's okay! In fact, I encourage it and your favorite face and body artists and instructors probably do too!\* But, if I am truly honest with you, even when I reached a level of skill where I could successfully copy a particular style or design, I was rarely content with the result. How can that be? It was beautiful. It was balanced.

It was whimsical and fun! Why then, was I not 100% satisfied? Because at the end of the day, we are all created to be originals! We were not created to be replicas. I didn't truly find contentment and genuine happiness within my own art until I accepted that I am only meant to paint like ME!

Do what you love: This probably seems obvious but you'd be surprised. One of the very best perks of being a professional artist is the ability to work for yourself. Yeah, you heard me. You are the boss! Make sure you are taking full advantage of this fact. Some of the greatest and most talented face painting artists in the industry absolutely refuse to paint certain elements or designs simply because they are not what they love to do. It doesn't bring them joy.

Maybe they have chosen to avoid gore or any design that may frighten themselves or others. Who knows, perhaps they are just sick of painting that Ice Queen or that Red Super Hero over and over. Whatever the case, they realized it wasn't for them and simply made it a point to say no. It's okay to say no. I promise it doesn't take away your worth or your value.

Oftentimes the designs themselves may not be the issue at all. Some artists may prefer to only work at large festivals while others love to solely paint at smaller events like bithday parties. Either way, it is important to recognize what does and does not fill your cup.

Be sure to remember why you fell in love with this art form and profession in the first place. While, obviously, our first priority is often to bring joy to others, it is just as important to continue to bring joy to ourselves. If at any point you don't feel happy or joyful while painting, then I urge you to examine the reasons why and take the appropriate measures to remedy it. This can often be as simple as saying no. Being self-aware is key!















